

## **NPS ATHLETICS UPDATE**

### **Monday - 10/7/19**

Highlights from this past week's NHS gameplay included the varsity field hockey team defeating Sturgis East Charter School 1-0 for their first win of the season and the varsity boys soccer team picking up back to back league wins over Sandwich (3-1) and Dennis Yarmouth (4-0). Below you will find information, announcements, game scores, and game schedules for all of our NHS fall sports teams. .

### **2019 NHS Girls Volleyball**

The NHS Girls Volleyball team split a pair of away games this week picking up the win (3-0) at Rising Tide Charter School on Monday and then losing a close match at Sandwich HS by a 3-1 score on Friday.

On Monday the Lady Whalers traveled to Plymouth for a league match with Rising Tide Charter School. The "Herons" are new program and our girls had little trouble in taking the match in straight sets for the 3-0 win (25-4, 25-13, and 25-10). Leading the Lady Whaler attack in Monday's match were Malika Phillip (7 aces), Sarah Andersen (12 assists), and Amelie Roberts (6 kills).

The Lady Whaler volleyballers were back on the road on Friday for a non-league match at Sandwich HS. The Lady Whalers were the "hard luck" losers on Friday, dropping a very close 3-1 decision to the Blue Knights (19-25 / 24-26 / 25-21 / and 23-25). Malika Phillip again led the attack for the Lady Whalers with 13 kills and 8 digs.

The girls volleyball team currently has an overall record of 4 wins - 5 losses and a Cape & Islands League record of 3 wins - 1 loss. The Lady Whalers next match is scheduled at home this Tuesday when they host Saint John Paul II High School in an important league match. The scheduled start time for Tuesday's game is 4:00 PM.

### **2019 NHS Golf**

For the Whaler golf team it was business as usual this week with the Whalers picking up 2 more wins to extend their undefeated record to 10 wins and 0 losses.

On Monday the Whaler golfers traveled to the Cape for a non-league match with Dennis Yarmouth Regional High School. The Whalers picked up win number nine on the season by a 290 - 300 score. In Monday's match Marsh Hicknam earned a share of the "medalist" honors

(tied with DY's leading golfer) by shooting a round of 44. Close behind Hickman were teammates Will Harris (46), Sydney Higgins (47), and Cade Sargent (47). .

Playing back to back matches the Whalers hosted Sturgis East Charter School on Tuesday and posted a 123-86 win over the "Storm". Marsh Hickman was the top golfer (medalist) for the second match in a row shooting a round of 39. Rounding out the field for the Whalers in Tuesday's home match were Sydney Higgins (42), Kai Ottani (42), and Roy Ryder (45).

The Whaler golf team remains perfect on the season with an overall record of 10 wins and 0 losses and a Cape & Islands League record of 9 wins and 0 losses. Whalers will be back in action today (Monday, 10/7/19) traveling to the Cape for a league match with Cape Cod Academy. The scheduled start time for today's match is 3:30 PM.

## **NHS Varsity Football**

The Whaler varsity football team had a bye week this past week,

The Whalers ( overall record of 1 win and 3 losses) will next take the field in this Friday's Homecoming game when they will host the "Sharks" from Monomoy Regional High School in the first league game of the 2019 season. The kick-off for this Friday's game is scheduled for 5:30 PM at Vito Capizzo Stadium.

## **NHS Boys Soccer**

The NHS boys soccer team came up with 2 impressive league wins this past week, taking a 3-1 decision over Sandwich High School at home on Tuesday and then defeating Dennis Yarmouth High School on the road on Thursday by a 4-0 score. .

On Tuesday the Whalers hosted the Sandwich HS "Blue Knights" in an Atlantic Division league game. In Tuesday's game the Whalers took an early 1-0 lead with a goal by Duglas Castro-Hernandez 13 minutes into the game. The Whalers carried play for most of the first half but Sandwich managed to tie the score at 1-1 just before the half. At the midpoint of the second half Castro-Hernandez scored his second goal of the day to give the Whalers a 2-1 lead. Jordyn Beckford would add an insurance goal with just 3 minutes left in the game for the 3-1 final score.

On Thursday the Whalers traveled to Dennis Yarmouth Regional High School looking to avenge a 1-0 loss to the Dolphins here in the opening game of the season. The Whalers, who dominated play from beginning to end, took a 2- 0 lead to the break on goals by Derrick Partida (15 minute mark) and Charlie Clarke (16 minute mark). Second half goals by Treyce Brannigan

(55th minute) and Jeff Daume (68th minute) made it an impressive 4-0 league win for the Whalers.

The varsity boys soccer team now has an overall record of 5 wins - 4 losses and a league record of 3 wins - 3 losses. The Whalers next game is scheduled for this Tuesday (10/8/19) when they will host Barnstable High School in a league match scheduled for a 4:00 PM start..

## **NHS Girls Soccer**

The NHS girls soccer team took a pair of tough 1-0 losses this week, falling to Sandwich on the road on Tuesday and at home to Dennis Yarmouth Regional on Thursday.

At Sandwich on Tuesday the Lady Whalers battled Sandwich even (0-0) through the first 62 minutes with both teams having scoring opportunities but neither finding the back of the net. With just under 8 minutes to go in the game Sandwich scored the only goal of the day and then hung on to defeat the Lady Whalers 1 -0 .

On Thursday the Lady Whalers hosted Dennis Yarmouth Regional HS in a rematch of an earlier season Whaler loss at DY (5-3). Similar to the Sandwich game on Tuesday, the two teams battled back and forth for the full 80 minute game. Dennis Yarmouth would score the only goal of the game with just 4 minutes left in the first half. The Lady Whalers had a number of scoring opportunities in the second half but just could not convert any into scores.

In both games, the Lady Whalers got solid play from form goalkeeper Macy Crowell and defenders Lurn D'Aprix and Kaitlyn Belanger.

The Lady Whalers currently have an overall record of 2 wins - 5 losses and a league record of 1 wins - 5 losses. The Lady Whalers next game is scheduled for this Tuesday (10/8/19) when they will travel to Barnstable High School for a league match scheduled for a 4:30 PM kickoff. .

## **NHS Cross Country**

The NHS Boys and Girls Cross Country Teams only meet of the week was postponed due to weather related ferry cancelations.

The NHS boys and girls cross country teams currently both have identical overall records of 4 wins - 1 losses. The NHS cross country team will host their first home meet of the season this Tuesday afternoon as Cape Cod Academy will visit the island for a scheduled 4:30 PM meet start at Bartlett Farm.

## **NHS Field Hockey**

The NHS field hockey team only played one game this week but in that game earned their first win of the 2019 season. The Lady Whalers traveled to the Cape on Tuesday for a league game with Sturgis East Charter School and came home with an exciting 1-0 win. Camie Strojny scored the only goal of the day. Coach Webber praised the consistent play of Strojny, Quincy Sullivan, Madison Bird, and Anna Decarlo in helping the Whalers to earn their first win.

The Lady Whaler Field Hockey team now has an overall record of 1 wins - 7 losses - 2 ties and a league record of 1 win - 1 loss - 2 ties. The Lady Whalers are next scheduled to play on Wednesday (10/9/19) when they will travel to the Cape for a league game with Monomoy Regional High School. Tuesday's game is scheduled for a 4:00 PM start time.

## **Inquirer and Mirror Whalers of the Week**

### **Sarah Andersen**

Improved passing is the biggest reason the varsity volleyball team recently went on a 4 game win streak, and as the teams setter, Andersen sets the tone. In a 5 set victory over Falmouth, Andersen finished with a season-high 29 assists and 4 aces. In a 3 set win over Rising Tide, Andersen had 12 assists and 5 aces.

### **Malique Bodden**

Bodden has been the varsity football team's big play threat through the first 4 games of the season. In Friday's blowout victory over Brighton he returned 2 punts for touchdowns, a 75 yarder in the first quarter and a 55 yarder in the second quarter. Bodden currently has 3 special team touchdown runs on the season.

## **2019 NHS Homecoming**

This week is Homecoming week for NHS with our Homecoming football game scheduled for this Friday night at 5:30 PM. Here a list of the scheduled events for the 2019 NHS Homecoming:

### **Spirit Days - Monday 10/7/19 through Friday, 10/11/19**

- Monday - 'Duplicity Day'
- Tuesday - 'Color Day' (Seniors - Black / Juniors - White / Sophomores - Red / and Freshman - Green)
- Wednesday - "Woodstock Celebration Day"

- Thursday - "Whaler Pride Day"

### **Hall Decorating - Wednesday, 10/9/19**

- The traditional hall decorating by the high school classes will take place on Wednesday, 10/9/19. The hallways will be made available to students for decorating from 3:00 PM to 9:00 PM on this date.

### **Pep Rally - Thursday - 10/10/19**

- The NHS Cheerleaders will host a Pep Rally on Thursday evening. This event is currently scheduled for a 7:00 PM start at Vito Capizzo Stadium.

### **Homecoming - Friday - 10/11/19**

- 2:30 PM Parade line-up and float judging directly behind the high school
- 3:00 PM Homecoming Parade will depart from NHS
- 5:30 PM Whaler Varsity Football Game vs. Monomoy Regional
- Senior recognition for NHS football players and cheerleaders will take place just prior to the kickoff or at halftime (TBD)
- The Homecoming Court will be announced at halftime of the varsity football game
- The Homecoming King / Queen will be crowned at halftime of the varsity football game
- The winners of spirit week and parade floats will be announced at halftime of the varsity football game

### **Island Cup Football / Saturday - 10/26/19**

This year's Island Cup football game is scheduled for Saturday - 10/26/19 on the island of Martha's Vineyard. The Nantucket Booster Club has chartered Steamship to transport teams, families and fans for this game travel. We have 45 car spaces available for this travel. Automobile tickets can be booked / purchased through the NHS Athletic Office. The cost of an automobile ticket is \$ 200.00. Please note that you must be 21 years of age or older to purchase / use an automobile ticket for this travel. Passenger tickets for this travel are \$ 25.00 per person and can be purchased in the high school's main office, CPS main office, or through the Nantucket Booster Club.

### **This Week's Game Schedule**

#### **Monday - 10/7/19**

- 3:30 PM Varsity Golf Away vs. Cape Cod Academy
- 3:30 PM JV Golf Away vs. Falmouth HS

## **Tuesday - 10/8/19**

- 3:45 PM Varsity Golf at Home vs. Saint John Paul II High School I
- 3:45 PM JV Golf at Home vs. Saint John Paul II High School
- 4:00 PM Varsity Boys and Girls Cross Country at Home vs. Cape Cod Academy
- 4:00 PM Varsity Boys Soccer at Home vs. Barnstable High School
- 4:00 PM JV Boys Soccer at Home vs. Barnstable High School
- 4:00 PM Varsity Volleyball at Home vs. Saint John Paul II High School
- 4:30 PM Varsity Girls Soccer Away at Barnstable High School
- 4:30 PM JV Girls Soccer Away at Barnstable High School
- 5:30 PM JV Volleyball at Home vs. Saint John Paul II High School I

## **Wednesday - 10/9/19**

- 3:45 PM Varsity Golf at Home vs. Sandwich High School
- 3:45 PM JV Golf at Home vs. Sandwich High School
- 4:00 PM Varsity Field Hockey Away at Monomoy Regional High School
- 5:15 PM JV Field Hockey Away at Monomoy Regional High School

## **Thursday - 10/10/19**

- 3:30 PM Varsity Golf Away at Rising Tide Charter School
- 3:30 PM JV Golf Away at Rising Tide Charter School
- 4:00 PM Varsity Girls Soccer at Home vs. Mashpee High School
- 4:00 PM JV Girls Soccer at Home vs. Mashpee High School

## **Friday - 10/11/19**

- 5:30 PM Varsity Football at Home vs. Monomoy Regional High School

## **Saturday - 10/12/19**

- 11:00 AM Varsity Boys and Girls Cross Country at Home vs. Dennis Yarmouth Regional High School
- 11:30 AM Varsity Volleyball Away at Sturgis West Charter School
- 12:30 PM Varsity Boys Soccer Away at Martha's Vineyard
- 12:30 PM JV Boys Soccer Away at Martha's Vineyard
- 12:30 PM Varsity Field Hockey Away at Martha's Vineyard

- 1:00 PM JV Volleyball Away at Sturgis West Charter School
- 2:00 PM JV Field Hockey Away at Martha's Vineyard
- 2:30 PM Varsity Girls Soccer Away at Martha's Vineyard
- 2:30 PM JV Girls Soccer Away at Martha's Vineyard

The current schedules for all athletic events / teams can be found on the athletic web page by clicking the Athletics tab on the main school web page at [www.npsk.org](http://www.npsk.org).

**GO WHALERS !!**